

# MID VALLEY SCHOOL DISTRICT WELLNESS POLICY AGENDA

## Wellness Policy Agenda

Date: April 25, 2019

Location: Mid Valley Secondary Center Cafe

Time: 3:45 PM

### Agenda Items

1. **Update on Elementary Garden**
  - Mrs. Piorkowski
2. **Mr. Lopez:**
  - Update Organized Recess-
3. **Jenny's Closet** - Program for sending food home with students at the end of the day.
  - Mr. Lopez will be asking the PTSA to help with the program.
4. **Go over the proposed schedule of events for June 12, 2019**
  - Ideas for presenters
  - We need to have food vendors for the staff. (FOOD/ vendors)
    1. Food Vendor TBD
    2. Food Vendor TBD
    3. Food Vendor TBD
  - We have \$2052.00 to spend by June 30, 2019.
5. **Look at the schedule for June 12, 2019**
  - What time block or vendor do we need to contact?
  - Assign Committee members to send confirmation letters to the vendor.
6. **Design a program/spread sheet to allow staff to sign up sessions.**
  - We can cap each session at 20-25 people
  - Order supplies for people if needed (ART)
7. **Fresh Fruits and Vegetables Program:**
  - Mr. Vinansky and Mr. Lopez will explain to the committee how the program works. The program is for all grade levels at the elementary center. Grant is due by Friday, April 26, 2019.
8. **Feedback and Ideas from the committee**

“Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.” – John F. Kennedy

MID VALLEY SCHOOL DISTRICT WELLNESS POLICY AGENDA

“Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.” – John F. Kennedy